

# ‘Putting Your Best Foot Forward’

Presented by Rita Barnish FICS



# ‘Dress For Success’

- Don't Dress for the job you have, Dress for the job you want.



‘How to stay current and relevant within our Industry’



- Institute of Chartered Shipbrokers Examinations
- Institute of Banking Examinations
- The Chartered Insurance Institute Examinations
- Change direction in your career and move into the world of Superyachts by taking:-
- The Diploma in Superyacht Operations



- Consider going on a MBA course, perhaps your company would sponsor you.
- Can be done on a day release basis.
- Look at courses that go towards 'Continuing Professional Development' – (CPD)
- They are designed to develop your expertise within your individual role, they stop you from losing touch with what is going on in your sector of industry.



- The one thing if you want to direct your career towards Management and Leadership positions within your company is that you cannot be afraid to ask.
- You cannot be afraid of rejection.
- Rejection is normal, even constant rejection.
- Got to pick yourself up and keep asking.
- You will be judged not how you fall but how fast you recover.



# 'The Power of Networking'

- The importance of developing a solid network is essential.
- Takes time and effort on your part.



# Quotes from Subsea 7 Website

- “It is essential to develop the ability to think ‘outside the box’, to always incorporate new points of view and be willing to venture out of the comfort zone”
- “Professionals do not have to comply with the ‘always been that way’ approach. Whenever possible, seek to improve what is bad – or even what is good. Have the courage to change”



# ‘Leap of Faith’

- “After twenty-two years, he felt he had achieved all he could at Lloyd’s Register. Some of his views were overlooked. He said he needed a new challenge.
- He went to Gibsons as a member of their Research Team and then got promoted to their Head of Research.
- He admits that he hit a few rocks on the way but that it was the best decision he has ever taken”
- He left the ‘safe haven’, his ‘comfort blanket’ of Lloyd’s Register and took his own ‘Leap of Faith’.



- Relating a wildlife clip to a career move.....
- [https://www.youtube.com/watch?v=0\\_JoetV3ZTQ](https://www.youtube.com/watch?v=0_JoetV3ZTQ)